

MT. DESERT
ISLAND 
ADULT & COMMUNITY
EDUCATION

Welcome to our new Course Listing!

Adult Education allows people to connect in new and old ways. More than ever, people need connection. In this spirit we have two new features coming in 2024:

1. The **“All About” series** of classes consists of self-contained, one-session presentations or classes that *only meet once*. This is a great way to learn something new without committing to a long class. Some of them are on Zoom, some are in-person. We hope this series will grow! On our website, look for the “All About” category!
2. Make new friends! We are **partnering with RSU 24 Adult Education** to ‘connect’ with a larger community. We are sharing some classes that we think might round out our own local selection. You will be directed to contact RSU 24 to register for their classes.
3. **Are the fees charged by Coursestorm for using a credit card refundable if the class is cancelled?**
Unfortunately, no. This convenience charge cannot be refunded. If you want to avoid the processing fee, you can pay in person by cash or check, or you can mail the registration form to MDI Adult Ed (1081 Eagle Lake Rd, Bar Harbor ME 04609) with your check. Be sure to indicate that you are paying by check when you register for a class on the website. **Remember, your check or credit card payment secures your spot.**
4. If you **need to switch classes** (to one with the same cost) CALL US (288-4703) so we can transfer you without incurring any fees.
5. **No refunds will be made after a class begins.** If you need to cancel, please give us at least 48 hours’ notice. Our enrichment program must be financially self-sustaining so if a class drops below the minimum number of students at the last minute, it risks the whole class being canceled. FYI, if a class is full, sign up for the waiting list.
6. Please note that last-minute classes that don’t meet the cutoff date for the printing will be still added to the website.
7. Our classes are open to adults not currently enrolled in a k-12 school. If a student 16+ is interested in taking a class, please reach out to the Director for special permission.
8. Keep in mind that our **Zoom classes are open to all adults, far and near.** If you have a family member or friend who lives out of town or even out of state, they can join you in a class! Keep those connections strong! Plus, if you go out of town, you can still participate in Zoom classes.
9. A large part of our adult education mission is to help people **earn a high school credential, learn English, and/or prepare for college.** Please don’t hesitate to contact us if you or someone you know could benefit from these programs.

We hope to see you soon!

Anne Patterson, Director

Michelle Brzezowski, Academics

Rebecca Brann, Community Education

www.mdi.coursestorm.com

Winter/Spring 2024

MONDAYS	Price	Start	End	Time	Location
Instant Piano for Hopelessly Busy People	\$59	4/8	4/8	6:30-9:00 pm	Zoom
Strength and Balance for Senior Fitness Session 1	\$35	1/22	3/4	9:00-10:00 am	Zoom
Strength and Balance for Senior Fitness Session 2	\$35	3/11	4/22	9:00-10:00 am	Zoom
Strength and Balance for Senior Fitness Session 3	\$35	4/29	6/3	9:00-10:00 am	Zoom
Successful Scholarship Searches and Applications	Free	2/12	2/12	7:00-8:00 pm	Zoom
TUESDAYS	Price	Start	End	Time	Location
All About Painting a Vivid Sunset/Sunrise in Watercolor	\$15	1/16	1/16	6:30-8:30 PM	MDIHS
All About Jewelry Making with Wire	\$30	1/23	1/23	6:00-8:30 pm	MDIHS
All About Arsenic in Drinking Water	\$10	2/6	2/6	6:30-7:30 pm	Zoom
Getting a Jump-Start on Planning for Your Child's Higher Education	Free	4/23	4/23	6:00-7:00pm	Zoom
Holistic Health and Wellness Session 1	\$129	1/16	2/27	9:00-10:30 am	Zoom
Holistic Health and Wellness Session 2	\$129	3/5	4/9	9:00-10:30 am	Zoom
Holistic Health and Wellness Session 3	\$129	4/23	5/28	9:00-10:30 am	Zoom
Instant Guitar for Hopelessly Busy People	\$59	4/9	4/9	6:30-9:00pm	Zoom
Photography: Digital Photography I	\$65	1/2	1/30	5:30-7:00pm	Zoom
Photography: Digital Photography II	\$65	2/13	3/12	5:30-7:00pm	Zoom
Pottery for Beginners	\$165	1/30	3/12	6:00-8:30 pm	MDIHS
Putting the Literacy in Financial Literacy: Book Club with FAME	Free	2/6	3/19	6:00-7:00 pm	Zoom
Relaxation and Stress Reduction with Hatha Yoga Session 1	\$59	1/16	2/27	5:30-6:30 pm	Zoom
Relaxation and Stress Reduction with Hatha Yoga Session 2	\$59	3/5	4/9	5:30-6:30 pm	Zoom
Relaxation and Stress Reduction with Hatha Yoga Session 3	\$59	4/23	5/28	5:30-6:30 pm	Zoom
Salty Dogs: Canine Conditioning and Fitness	\$135	3/26	4/23	6:30-7:30 pm	NEH
Salty Dogs: Obedience 1, Brass Section	\$235	2/13	3/12	5:30-6:30 pm	NEH
Salty Dogs: Obedience 1, Bronze Section	\$235	3/26	4/23	5:30-6:30 pm	NEH
Salty Dogs: Obedience 1, Gold Section	\$235	1/2	1/30	5:30-6:30 pm	NEH
Salty Dogs: Obedience II, Teal Section	\$235	2/13	3/13	6:30-7:30 pm	NEH
Salty Dogs: Wild Things! Hawks Section	\$235	1/2	1/30	6:30-7:30 pm	NEH
Watercolor for Beginners and Intermediates: Tuesdays	\$84	2/27	4/9	6:30-8:30 PM	MDIHS
Writing Federal Resumes - Evening	Free	1/30	1/30	5:30-7:00pm	MDIHS
Maine Driving Dynamics: T and TH	\$70	4/30	5/2	6:00-8:30 pm	MDIHS
WEDNESDAYS	Price	Start	End	Time	Location
Adulting 101: Money Hacks	Free	4/3	4/3	6:30-7:30 pm	Zoom
Adulting 102: Money Grows	Free	4/10	4/10	6:30-7:30 pm	Zoom
All About "Maine's Gone Mad", The Rise and Fall of the KKK	\$10	1/17	1/17	6:00-7:30 pm	Zoom
All About Weather: Wicked Pissah!	\$10	2/7	2/7	6:00-7:30 pm	Zoom
All About: Avoiding & Surviving a Disaster	\$5	1/31	1/31	6:00-7:30 pm	Zoom
All About: How to Take a Bird Walk	\$15	1/24	1/24	6:00-7:30 pm	Zoom
American Sign Language (ASL) for Beginners	\$159	2/28	4/10	5:00-6:30 pm	MDIHS
Cartooning for Beginners	\$49	2/28	3/27	6:30-7:30 pm	MDIHS
French: An Introduction	\$89	2/28	4/24	6:00-7:30 pm	MDIHS
Mastering Portrait Drawing	\$67	1/17	2/14	6:00-8:00 pm	MDIHS
Planning and Paying for College	Free	5/15	5/15	7:00-8:00 pm	Zoom
Student Loan Repayment	Free	2/21	2/21	6:00-7:00 pm	Zoom
Woodworking with George Deans: call 207.422.4794 to register	\$200	1/24	4/3	6:00-9:00 pm	Sumner
THURSDAYS	Price	Start	End	Time	Location
All About Bringing Home a New Dog/Puppy	\$15	1/25	1/25	5:30-7:00pm	Zoom
All About Dogs who Struggle at the Vet	\$15	2/1	2/1	5:30-7:00pm	Zoom
All About Dogs with Separation Anxiety	\$15	2/8	2/8	5:30-7:00pm	Zoom
America's Boating Course: call 207.422.4794 to register	\$15	3/21	5/2	5:30-8:00pm	Sumner
All About PFAS	\$10	2/8	2/8	6:30-7:30 pm	Zoom
Budgeting Basics in a New Year	\$29	3/7	3/21	5:30-7:00pm	Zoom
Chair Yoga Session 1	\$59	1/18	2/29	9:00-10:00am	Zoom

Winter/Spring 2024

Chair Yoga Session 2	\$56	3/7	4/11	9:00-10:00am	Zoom
Chair Yoga Session 3	\$56	4/25	5/30	9:00-10:00am	Zoom
Getting Your Affairs in Order - Probate, Estate Plannin,g and MaineCare	\$25	3/7	3/28	6:30-8:00pm	MDIHS
Observing Birds III: Have You Met My Family?	\$45	2/29	3/14	6:00-7:30pm	Zoom
Photography: Still Life	\$35	1/11	1/25	7:30-9:00 pm	Zoom
Salty Dogs: Nosework	\$135	2/15	3/14	7:00-8:00 pm	NEH
Salty Dogs: Obedience 1, Copper Section	\$235	2/15	3/13	5:00-6:00pm	NEH
Salty Dogs: Obedience 1, Silver Section	\$235	1/4	2/1	5:00-6:00pm	NEH
Salty Dogs: Obedience II, Cobalt Section	\$235	2/28	3/28	7:00-8:00 pm	NEH
Salty Dogs: Tricks and Games Class for Connection	\$165	1/4	2/1	7:00-8:00 pm	NEH
Salty Dogs: Wild Things! Falcons Section	\$235	2/28	3/28	5:00-6:00pm	NEH
Watercolor for Beginners and Intermediates: Thursdays	\$84	2/29	2/29	6:30-8:30 pm	MDIHS
Writing Federal Resumes - Evening	Free	1/25	1/25	5:30-7:00pm	MDIHS
FRIDAY	Price	Start	End	Time	Location
Color Theory: call 207.422.4794 to register	\$40	5/17	5/17	1:00-4:00pm	Sullivan
SATURDAY	Price	Start	End	Time	Location
All About Getting Started with Writing	\$15	1/27	1/27	1:00-3:00pm	SWH Lib
Felted Bowls: call 207.422.4794 to register	\$40	5/18	5/18	1:00-4:00 pm	Sullivan
Home Buyer Education: call 207.422.4794 to register	\$40	4/6	4/6	8:00am-2:00pm	Sullivan
ON DEMAND/ROLLING ADMISSIONS	Price	Start	End	Time	Location
15 iPhone/iPad Vision Accessibility Features	\$35				
Behavior Health Professional Certification Training	Free				
College Prep English	Free				
College Transitions Math	Free				
Cooking with BoomerTECH Adventures	\$35				
Create and Deliver Online Zoom Courses	\$35				
Digital Tools for the Beginning Memoir Writer	\$35				
Driver's Education	\$545				
Fantastic Photo Finishes-Organize & Edit Images with Your iOS Device	\$35				
Free Technology Classes via Zoom	Free				
Hidden Gems Lurking on Your iPhone & iPad	\$35				
High School Completion	Free				
Introduction to iPhone Basics	\$35				
Introduction to Mac Basics	\$35				
Introduction to Zoom Basics	\$35				
Maximize Your iPad's Potential	\$35				
More Hidden Gems in Your iPhone/iPad	\$35				
Multi-Lingual Learners	Free				
Take Fabulous Photos of the Flora and Fauna in Your World	\$35				
Taking Awesome Pictures with your iPhone/iPad Camera	\$35				
Unlock Safari's Secrets on Your Mac in Just 5 Lessons	\$35				
Breath-Taking 101	\$37				
A Female Advantage	\$47				
The Female Brain on Stress	\$29				
Female Pain Matters	\$29				

ANTICIPATED CLASSES: Check website for updates

at mdi.coursestorm.com

All About Challenging Dogs with Whitney Thurston

All About Snowshoeing with Jennifer Britz

All About Writing with Ben Boegehold

DIY House Projects with Scott Preton

Sewing/Quilting with Ruth Davis

Basket Making classes in Sullivan: call 207.422.4794 to register

If you're an adult without a high school diploma, the High School Equivalency Test (HiSET™) could be your route to improved career prospects, further education, and increased earnings potential. HiSET™ replaces the GED in Maine. Free for Maine Residents! Call or email us to enroll anytime!

HiSET™ provides adults with the opportunity to obtain a high school equivalency certification with the same legal standing as a high school diploma. Through a pre-testing, preparation, and testing program, it allows test-takers to demonstrate proficiency of the academic skills and knowledge expected by employers and post-secondary institutions. HiSET™ consists of five subtests:

- Language arts- Reading
- Language Arts- Writing
- Mathematics
- Science
- Social Studies



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**The National Digital Equity Center offers free, online, interactive technology classes** on a wide variety of topics and devices that range from 1-3 hours long. Classes are either held at a physical location (such as Adult Ed or a local library) or online using your own computer.

**To take a class at home:** Go to [digitalequitycenter.org](http://digitalequitycenter.org) and enroll. Then find a class you want to take; select "online interactive" classes. You will be emailed a Zoom Link so you can join the class on the specified date/time.

**To take a supported zoom class** at Adult Ed: Call us! If you need assistance, contact MDI Adult Ed at (207) 288-4703 or NDEC at (207) 259-5010.

- [Email Basics](#)
- [Understanding the Internet](#)
- [Internet Safety](#)
- [Identifying Frauds and Scams](#)
- [Cloud-based Back-up Solutions](#)
- [Using Facebook Securely](#)
- [Safely Creating Online Accounts](#)
- [Online Games - Finding & Playing](#)
- [Good Games for 55+](#)
- [Learning about Devices](#)
- **Apple Devices**
  - [macOS Basics](#)
  - [macOS Intermediate](#)
  - [iPad Basics](#)
  - [iPad Intermediate](#)
  - [iPhone Basics](#)
  - [iPhone Intermediate](#)
- **Windows PC Computers**
  - [Windows 10 PC Basics](#)
  - [Windows 10 PC Intermediate](#)
- [Windows 11 Basics](#)
- **Android Smartphones & Tablets**
  - [Android Basics](#)
  - [Android Intermediate](#)

**MS Programs**

- [Introduction to MS Word](#)
- [Intermediate MS Word](#)
- [Introduction to MS Excel](#)
- [Intermediate MS Excel](#)
- [Introduction to PowerPoint](#)



# MT. DESERT ISLAND ADULT & COMMUNITY EDUCATION

## Registration and Program Information

### Registration and Payment Options:

1. ONLINE 24/7 at [www.mdi.coursestorm.com](http://www.mdi.coursestorm.com) using credit card or send in check. (We prefer check for classes over \$50 when possible.)
2. Mail or call-in registration form with cash or check.

Your payment reserves your space in the class. There is a \$30.00 charge for returned checks.

Programs may be canceled due to insufficient enrollments. Once you have registered and paid, you will be contacted if there is a change in schedule via email. *Zoom links will go out 24-48 hrs. prior to the class. Be sure to check your spam folder before contacting us about your confirmation that comes from Coursestorm once we process your information. TIP: Check email for any changes before class starts.*

**Age:** Unless otherwise noted in the course description, courses are open to individuals 17 years and older who are not attending elementary or high school. In some cases, the Director may allow waivers. Please contact us.

**Refunds:** If Adult Ed cancels a class, a refund will be issued. If you withdraw before the class begins, refunds minus service fees will be made. Many Zoom classes are recorded so ask us about this before cancelling. **No refunds will be made after the class starts.** If a student is dissatisfied with a class, he or she may write a letter or email to the Director with an explanation. Our goal is 100% satisfaction.

**Cancellations:** With the online classes, there will be fewer reasons to cancel classes. Power outages and internet interruptions will be the most common issues. Please contact us or your instructor if you are having difficulty with accessing classes or if you miss a class due to circumstances at home.

### REGISTRATION FORM:

Please mail to Mt. Desert Island Adult Education      1081 Eagle Lake Rd., Bar Harbor, ME 04609

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Town/Zip \_\_\_\_\_

Phone: (home) \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_

Email address: \_\_\_\_\_

| Course Name | Date(s) | Cost |
|-------------|---------|------|
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Cash or checks payable to MDI Adult Education  
Enclosed please find \$\_\_\_\_\_.

Call 288-4703 or [apatterson@mdirss.org](mailto:apatterson@mdirss.org) with questions.  
Anne Patterson, Director

**Or register and pay online at [mdi.coursestorm.com](http://mdi.coursestorm.com)**

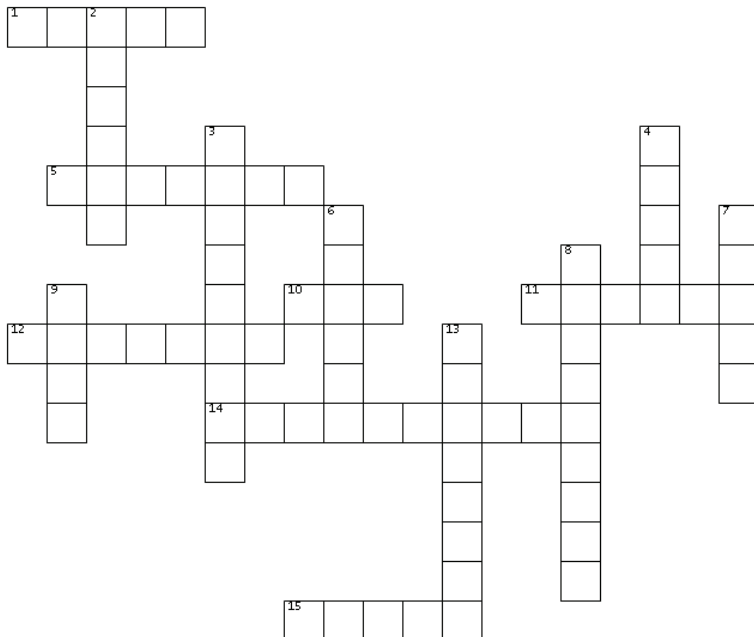
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# POSTAL CUSTOMER

**WIN / SPR 2024**

**YAY a cross word puzzle!**



**ACROSS**

- 1. learning session
- 5. the past
- 10. \_\_ with Mike Duffy is fun
- 11. adult ed can help me find my new one
- 12. In the kitchen with JoAnne
- 14. computers, cell phones, tablets, and more
- 15. the high school equivalency program used in Maine

**DOWN**

- 2. the best national park ever
- 3. social group
- 4. move your body to music
- 6. I take classes to \_\_ my life
- 7. Criag knows them best
- 8. Whitney's business
- 9. exercise that can stretch the body and relax the mind
- 13. our new class series with a variety of topics (2 words)